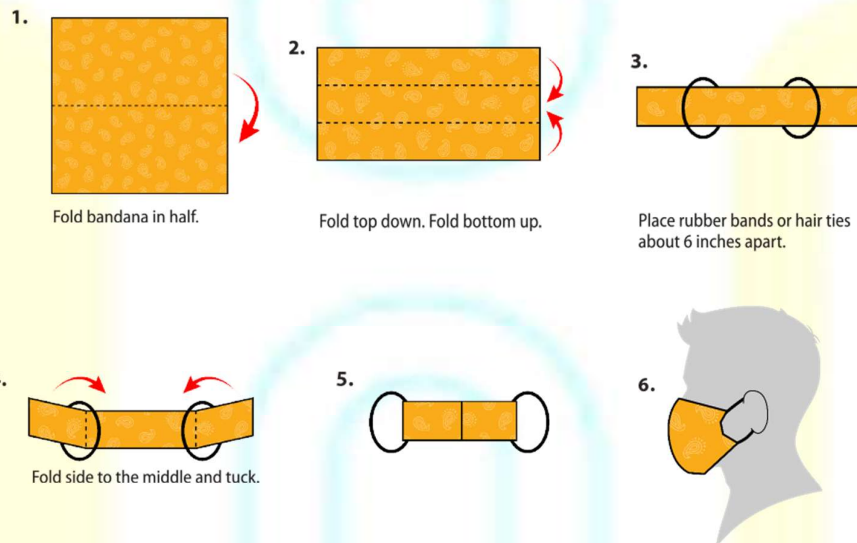


How to make a face covering

Diagrammatic instructions for making this covering are shown below and the CDC has published an instructional video (<https://www.youtube.com/watch?v=tPx1yqvJgf4>).

Materials Needed:

- Bandana (or square cotton cloth approximately 50cm x 50cm)
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)



Instructions for several other face coverings can also be found on the BBC News Website (<https://www.bbc.co.uk/news/uk-52609777>).